



*Healthy Children Project, Inc.*

# **The Center for Breastfeeding**

*...defining the field of breastfeeding education and practice*



## *Course Catalog 2017*

### **The Center for Breastfeeding**

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[info@centerforbreastfeeding.org](mailto:info@centerforbreastfeeding.org)

**For dates and locations, please see insert or contact us!**

## THREE DAY COURSES

### **Training for hospital staff...**

#### **TAKE THE 20 HOUR COURSE**

RNs: 20 Contact Hours; RDs: 20; IBCLCs: 20L CERPs

Based on the 20 hour curriculum in support of the Ten Steps to Successful Breastfeeding, this three day course was developed with support from the US Department of Health and Human Services to support the US Baby-Friendly Hospital Initiative. This basic course fulfills the didactic recommendations for those who work with mothers and babies.

### **Training for community workers...**

#### **COMMUNITY BREASTFEEDING EDUCATOR (CBE)**

RNs: 20 Contact Hours; RDs: 18; IBCLCs: 20L CERPs; Can be used towards CLC recertification

This foundation course for community workers in maternal child health focuses on providing services to pregnant women to encourage the initiation and continuation of breastfeeding. Strategies are presented for providing anticipatory guidance and support in order to prevent breastfeeding problems as well as to address barriers to breastfeeding in order to enable women to overcome any perceived or actual breastfeeding problems.

### **Systemic review...**

#### **MATERNAL & INFANT ASSESSMENT FOR BREASTFEEDING AND HUMAN LACTATION**

RNs: 20 Contact Hours; RDs: 14; IBCLCs: 20L CERPs; College Credits: 2, MCH 331; Can be used towards CLC recertification

This course examines lactation assessment parameters and skills through critical thinking within the role of case finding, assessing the breastfeeding mother and baby, and documenting the assessment. Major topics covered in the course are normal and gross anatomy of mother and infant, normal and abnormal development of the anatomy and physiology of the breastfeeding mother and baby, breastfeeding assessment scales, breast and maternal assessment, lexicon of assessment and documentation. This course will teach you a unique skill set sure to improve and enhance your practice. *Optional textbook - our own faculty's Maternal and Infant Assessment for Breastfeeding and Human Lactation.*

*\* Early Bird registration discount is available if your check or credit card information is received 4 weeks (28 days) prior to the beginning of the class. Please see registration form on insert.*

## INDEPENDENT STUDY/DISTANCE COURSE

### **SELF STUDY MODULES**

Through Health Education Associates, Inc., we are able to offer a variety of continuing education options that offer you the opportunity to learn at home. Topics include Research and International Policies Related to Infant Feeding and the Baby-Friendly Hospital Initiative, The Role of Donor Milk in the Reduction of Infant Mortality, the Association Between Breastfeeding, Higher IQ and Better Vision, and many more!

Please email [info@healthed.cc](mailto:info@healthed.cc) or call (508) 888 8044 to request a flyer. Visit [healthed.cc](http://healthed.cc) for more information or to download a complete catalog.

### ***Support and counseling in the hospital and community...***

#### **LACTATION COUNSELOR TRAINING COURSE AND CLC CERTIFICATION EXAM**

RNs: 45 Contact Hours; RDs: 45; IBCLCs: 45.0L CERPs; College Credits: 3, MCH 330

This comprehensive, practical, evidence-based breastfeeding management course includes skills improvement, theoretical foundations, and competency verification. Technical issues are explored within the context of counseling the mother in the hospital and in public health and community settings. This course prepares participants for professional work helping mothers and babies: it trains participants on how to gain insight into clients' problems, with a strong focus on counseling skills.

The Lactation Counselor Training Course is Approved by the Lactation Education Accreditation and Approval Review Committee (LEAARC).

In agreement with Healthy Children Project, Inc., the Academy of Lactation Policy and Practice, Inc. (ALPP) will administer the exam on the last day of the course. ALPP is a non-profit organization that provides a national certification program in breastfeeding and human lactation. ALPP is dedicated to improving the foundation of breastfeeding comprehension and understanding throughout the United States by providing lactation professionals the opportunity to sit for the Certified Lactation Counselor® exam in order to earn the CLC® designation. The American National Standards Institute (ANSI) has accredited the CLC certification program based on the ISO/IEC 17024 Standard.

#### **ADVANCED ISSUES IN LACTATION PRACTICE (ANLC OR ALC)**

RNs: 45 Contact Hours; RDs: 45; IBCLCs: 39L and 6E CERPs; College Credits: 3, MCH 431; Can be used towards CLC recertification

**Pre-requisites for taking this course: For Advanced Nurse Lactation Consultant Certification: A current RN license plus either an IBCLC or an ALPP CLC. For Advanced Lactation Consultant certification: successful completion of the course Maternal Infant Assessment for Breastfeeding and Human Lactation plus either an IBCLC or an ALPP CLC.**

This interactive course provides IBCLCs and CLCs with the opportunity to earn an advanced certificate in lactation management while verifying the insight, knowledge and skills essential to the development and implementation of management strategies for complex problems related to breastfeeding and human lactation. Participants will examine actual challenging cases, and develop management strategies using knowledge of psychology, sociology, infant development, gender studies, professional interrelations and ethics.

Successful completion of the Advanced Issues in Lactation Practice course will grant you the Advanced Lactation Consultant (ALC) or the Advanced Nurse Lactation Consultant (ANLC) certificate. The ANLC and the ALC Certification Program is accredited by the Academy of Lactation Policy and Practice. Renewable every 3 years with 25 hours of continuing education.

### ***Become a trainer for your hospital...***

#### **APPLIED TEACHING METHODS IN LACTATION EDUCATION: LEARN TO TEACH THE 20 HOUR COURSE!**

RNs: 35 Contact Hours; RDs: 34; IBCLCs: 35L CERPs; College Credits: 2, MCH 332; Can be used towards CLC recertification

Is your hospital working towards becoming Baby-Friendly? This interactive, hands on course builds the skills and competencies required for successfully achieving Step 2 of the Ten Steps. This offering provides a 5 day learning laboratory to assist participants in mastering the materials, methods, and scientific evidence that form the basis of the 20 hour course (as developed by UNICEF and the World Health Organization, and adapted by Baby-Friendly USA). The course is organized around the concepts, strategies, and applications involved in adult learning. Utilizing these concepts, participants will present sections of the 20 hour course to other participants (topics and materials will be assigned on-site). In addition, barriers and strategies to implementing the Ten Steps will be addressed. It is recommended that learners have a firm understanding of the basic concepts of lactation before taking this course. **Optional teaching materials available.** Recommended for those who want to teach the 20 hour course.

**Please see the insert for locations, dates, and registration forms for these courses or visit our website [www.centerforbreastfeeding.org](http://www.centerforbreastfeeding.org)  
Call (508) 888-8044, fax (508) 888-8050, or email [info@centerforbreastfeeding.org](mailto:info@centerforbreastfeeding.org)**

**PLEASE NOTE:** Travel, lodging, meals and coffee breaks are the participant's responsibility. **Please do not make travel arrangements until you have received a written confirmation from Healthy Children Project, Inc.** Refunds are given upon receipt of written notice up to 10 days prior to program. Refunds are subject to \$50.00 processing fee. If you notify us in writing at least 10 days prior to program, you may find a substitute or transfer your credit to a future training. We are unable to refund tuition within 10 days prior to the start of program, or after the program begins, or for "no shows." Healthy Children Project, Inc. reserves the right to cancel the program four weeks in advance if there is insufficient participation. In that case, all registrations will be refunded with no processing fee. Group discounts are available if four or more from the same agency are attending. It is your responsibility to find out how many people from your agency are attending the training program. Group discounts are not given retroactively. An early bird registration discount of \$50.00 is available to those whose check or credit card information is received more than 28 days before the beginning of the program, and cannot be made retroactively. Space is limited and trainings may fill to capacity months in advance. Participant seats are not reserved until full payment is received and participant receives written confirmation. The confirmation is the receipt. Confirmations and information about the exact location and local overnight accommodations will be mailed or faxed to registrants. Children will not be admitted to the teaching room except for quietly nursing babies under 6 months. Babies (or adult participants as well) who have an infectious disease including (but not limited to) cold or flu symptoms may not attend the training program. The complete policy is available at [www.centerforbreastfeeding.org](http://www.centerforbreastfeeding.org).

#### **CONTACT HOURS AND COLLEGE CREDITS**

Each of these training programs have Contact Hours that may be used for continuing education for nurses. These courses can be used towards CLC recertification. Provider approved by the California Board of Registered Nursing, Provider Number CEP4931. Florida Provider Number: FBN3373. RD credit is provided through ADA. IBCLCs will receive CERPs from IBLCE. Partial credit will not be given to participants who attend only part of a program.

*Healthy Children Project, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.*

*As part of Healthy Children Project, Inc.'s mission, we present most of our conferences in collaboration with private, public and non-profit agencies. If your organization would like to provide space for a training program in exchange for free registrations, please call us!*

**Call for more information about our International Conferences and the Symposium at Sea! Or check our website at [www.centerforbreastfeeding.org](http://www.centerforbreastfeeding.org). Locations and dates for these courses and more are available on the calendar insert, or on our website. Call (508) 888-8044, fax (508) 888-8050 or email [info@centerforbreastfeeding.org](mailto:info@centerforbreastfeeding.org)**